



AACHP invites you to attend an evening of  
Continuing Professional Education

Tuesday February 23<sup>rd</sup> 2010 7.30–9.30 p.m.

The Function Room, Tower Hotel, 697 Burwood Road, Hawthorn, VIC

RSVP [aachp.inc@gmail.com](mailto:aachp.inc@gmail.com)

**OUR S.E.A.R.C.H. FOR COMFORT**

**Emotional Homeostasis for Faster Healing and Empowerment**



**Presented by Daryl Wilkinson**

Daryl explores the notion of *emotional homeostasis*, that is, the need and desire in humans for emotional comfort and proposes that there are a number of key areas that need to be addressed in order to facilitate a quick and successful outcome for the client. These key areas are addressed and appropriate strategies suggested for working with clients to help them develop their emotional comfort.

S.E.A.R.C.H. is a useful acronym for these areas.

Almost 50 years ago Daryl Wilkinson was cured of chronic asthma by a hypnotherapist and went on to train as an actor at Australia's premier theatre school. He later entered teaching and for over 30 years taught Drama, Theatre and Communication Skills at various universities and colleges. For the last 12 years he has had a successful full time private practice in Hypnotherapy, Counselling and Performance Coaching in Melbourne.

*This CPE Evening is free for AACHP members and costs a nominal \$10 (payable on the evening) for non-members.*

RSVP to [aachp.inc@gmail.com](mailto:aachp.inc@gmail.com) by February 10<sup>th</sup>, 2010